



Thursday
May 1st 2025

Heritage Woods
Secondary

“WE ARE KODIAKS”



Bell Schedule

Block 1	8:00 – 9:12
Block 2	9:16 – 10:28
FLEX	10:28 – 10:57
Block 3	11:01 – 12:13
LUNCH	12:13 – 12:53
Block 4	12:57 – 2:09
Block 5	2:13 – 3:25



My Weekly Planner Flex Booking System

Follow the
link below
(also found
on HWSS)
website

Log in with
your student
number and
password

Enter
numbers only
for your
student
number

Your default
password is
your student
number

Set new
password on
first log in

Instructions
to book your
flex space
were emailed
to you

<https://hwss.myweeklyplanner.net>

FLEXpectations



- Attend one of your 4 classes
- The Grand Hall is for Grade 12's only
- The Library is a place for quiet work and is for Grade 11's & 12's only
- Flex is less than 30 minutes, and you are to remain in one class
- Flex is instructional time = Cell phones stored

STUDENT PARKING PASSES

Reminder to students who are driving to school and parking in the school parking lots.

Please come to the HWSS main office to register your vehicle and receive a PARKING PASS to be displayed in vehicle. Usually hang from rear view mirror.



Please be respectful
and refrain from
parking in the
handicap spots
located at the back
of the school.
Unauthorized
vehicles may be
towed at the
owner's expense.



Thank you for your cooperation!

HERITAGE WOODS SECONDARY

AFTER GRAD HOLLYWOOD EVENT

JUNE 7TH 2025 | 11:00 PM TO 3:30AM
TICKETS ON SALE APRIL 4TH
SCHOOLCASH ONLINE \$85

EARLY BIRD BONUS

PURCHASE YOUR TICKET BY MIDNIGHT ON APRIL 11TH
FOR A CHANCE TO WIN YOUR TICKET PRICE BACK!!

CASINO TABLE & DEALERS

WIPE OUT

DJ & DANCE FLOOR

MAGICIAN

IRON MAN OBSTACLE COURSE

AIRBRUSH TATTOO

BALLOON ARTIST/JUGGLER

MECHANICAL BULL

CARICATURE ARTISTS

HYPNOTIST

360 PHOTO BOOTH

AIR HOCKEY & MORE

AMAZING
PRIZES

CLASS OF 2025





Greece 2026

March 19th to 30th 2026

VISIT WWW.EFTOURS.CA/2842224VS FOR TOUR DETAILS AND INFORMATION



Don't miss out!

If you have any questions,
please see Mr. Castonguay
and/or up an application
/information package from the
PHE office



An aerial photograph showing a vibrant yellow field on the left, a dense line of green trees in the center, and a green field on the right. Long shadows are cast by the trees onto the green field to the right.

ALL GRADE 11 CLC FLEX MEETINGS

AITKEN: Thurs.May 1st Room 240

FERRER: Wed.Apr.30th Library

GAY: Wed.Apr.30th Room 104

JARVIS: Wed.Apr.30th Theatre

JOHAL: an email will be sent

LEE: an email will be sent

PAISLEY: Wed.Apr.30th Room 232

ROSS: Wed. April 30th Room 238

SALOUSTROS: Thurs.May 1st

Theatre

SMITH: Wed.Apr.30th Room 213

TING: Thurs.May 1st Room 214

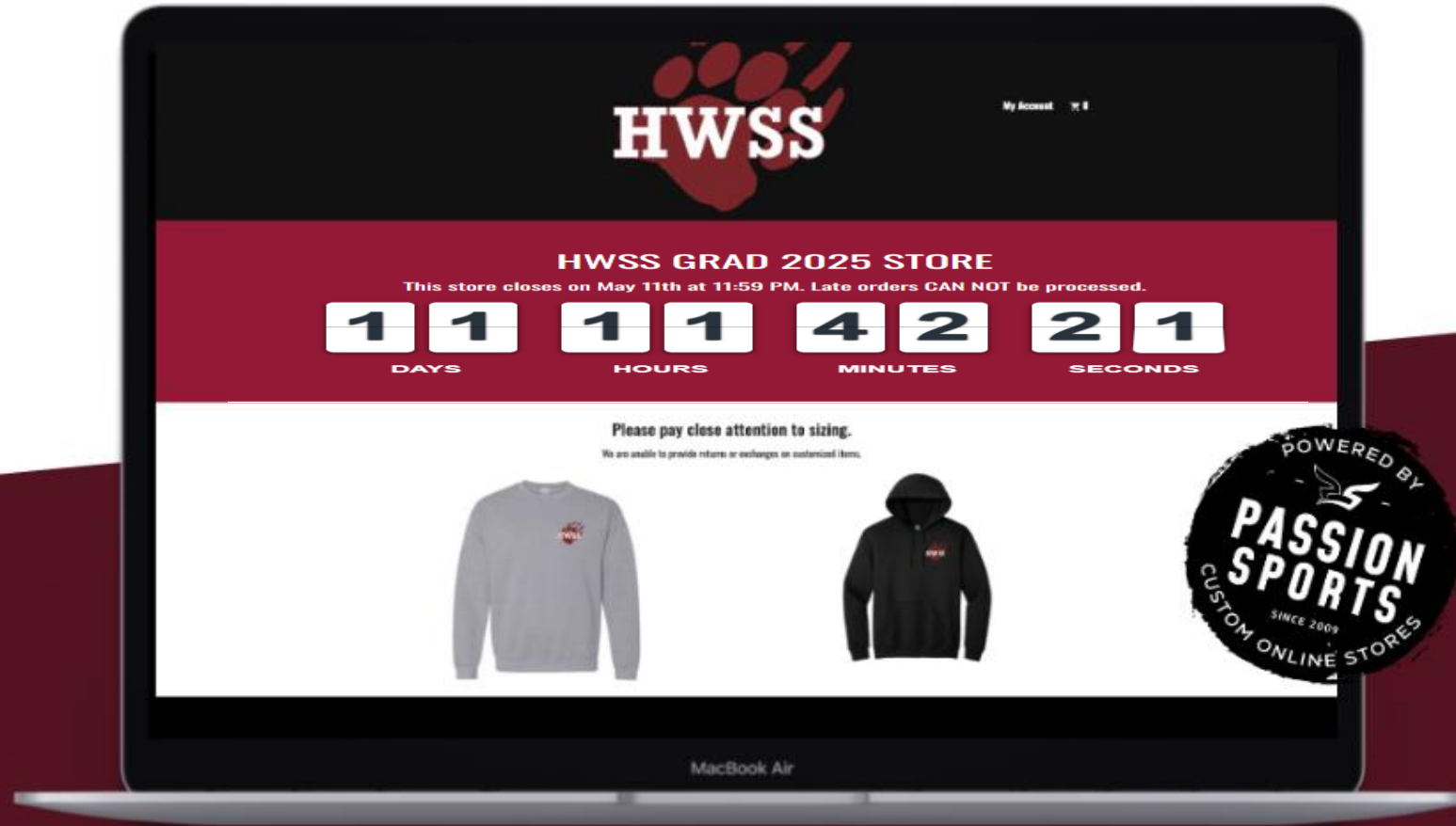
WIEBE: Tues.Apr. 29th Room 305

**** If you are unable to make this meeting, please contact your CLC teacher.**

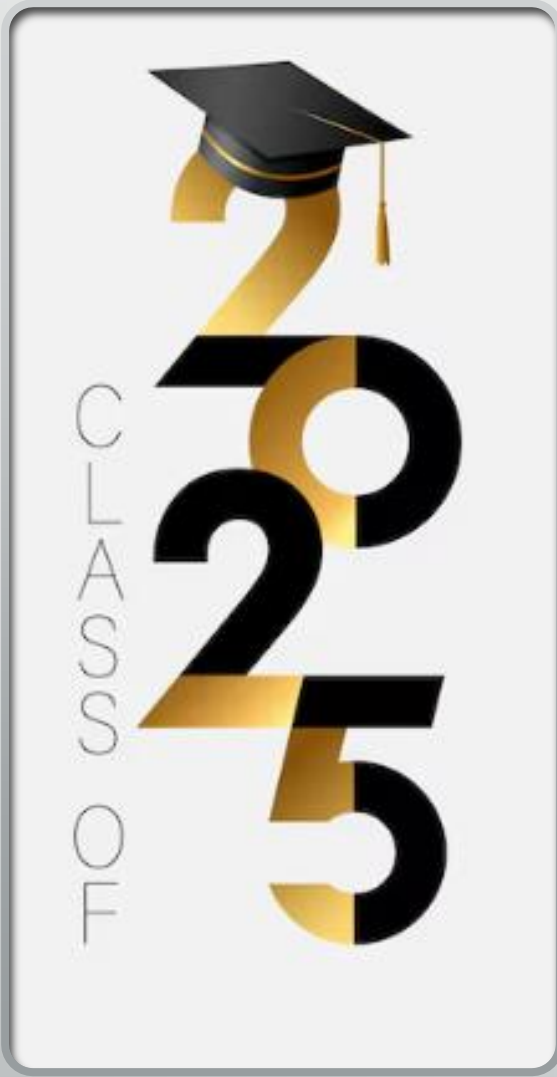
Heritage Woods Secondary Grad 2025

Online Grad Apparel Store

store.passionsports.ca/hwssgrad2025



Order by May. 11



Grad Dinner Dance - Table Selection

- Table selection for the grad dinner dance will take place April 28 to May 2.
- Forms will then be available for pick-up at the main office until May 2.
- All completed forms need to be handed in to the main office. You also need to have paid for your dinner dance ticket to be eligible for table selection.



PICTURE FRAMES NEEDED

Looking for any
old picture
frames – any size,
color and shape.

Please drop off in
Room 214 before
May 10



CLUBS



A conversation with *DR. CHRISTINE SIMMONS*

Clinical Associate Professor of Medicine,
UBC Program Director, BC Cancer



DATE: May 9th, 2025



TIME: 12:15-12:55 PM



LOCATION: Room 242

HWSS Cancer Research Club

Kodiak Grand Thrift Sale

May 2nd, 4-7pm

May 3rd 11-2pm

**At HWSS,
in the grand hall
Welcome all community
members**



**ALL FUNDS GO TOWARDS SHARE SOCIETY
AND PHILANTHROPY INITIATIVE**

CLOTHING DRIVE

Volunteer Opportunity!!

HWSS Events Council

FRIDAY:

May 2nd

Time:

2:15 – 7:15pm
(2 shifts)

Location: HWSS

SATURDAY:

May 3rd

Time:

11:00am – 2:00pm
(1 shift)

Location: HWSS

**Scan code
to sign up:**



More info on Events

Council Teams: **xyntxit**

Garbage Fashion Show

Entry Fee: \$5

MAY 23RD 2025

PROMOTING
SUSTAINABLE FASHION

LOCATION: HERITAGE
WOODS SECONDARY

TIME: 6PM-8PM

SIGN UP TO JOIN !



KODIAK ATHLETICS



SAVE THE DATE

- Athletic Banquet is Thursday, June 12, 2025.
- Tickets are on SchoolCash online and will close on June 1st for purchase.



Congratulations to the Kodiaks at the Coquitlam Classic Track Meet



1st Place

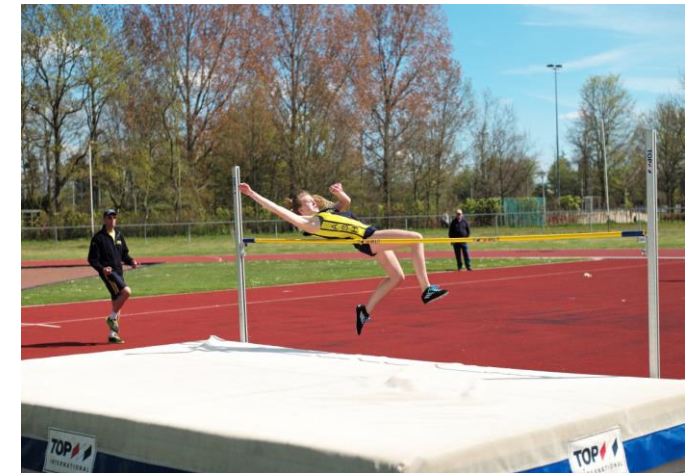
Lorenzo B.: High Jump (Jr Boys)
Lillian O.M.: 3000m (Jr Girls)

2nd Place

Lorenzo B.: 200m (Jr Boys)

3rd Place

Sophie C.: 200m (Jr Girls)



CAREER CENTER



Dr. Hal Weinberg Scholarship for Anmore graduates

The \$3,000 Dr. Hal Weinberg Scholarship is awarded annually to an Anmore Grade 12 student who has demonstrated exceptional community commitment and plans to pursue post-secondary education.

The recipient(s) of the scholarship will have one (1) year to enroll into the post-secondary institution of their choice. Proof of enrollment must be provided prior to disbursing the scholarship.

- The successful recipient will be based on a variety of factors including community volunteering, academic achievements, extra-curricular activities and future plans.
- To apply visit: <https://anmore.com/community/scholarships-grants-awards/hal-weinberg-scholarship/>
- Application by May 16, 2025



Sasamat Volunteer Firefighters Assoc Award Applications on HW website. Deadline June 18

Sasamat Volunteer Firefighters Association



2025 Award Application Form Due: June 18, 2025



Student's Name: _____

Address: _____

Postal Code: _____ Phone: _____

Graduating Year: _____ Grade: _____

Post Secondary Plan: _____

(a brief description of what field you plan to study)

Planning to enroll at: _____

Accepted at: _____

CHECKLIST: (include all documents in one package)

- ☐ Resident of Anmore or Belcarra – Graduating from Grade 12 this school year
- ☐ 750–1000 word essay on the topic “Why Volunteering is Important in My Community?”
- ☐ Volunteer Hours documented – include details of volunteer service in the essay
- ☐ Proof of acceptance at a post-secondary and/or enrollment within one year
- ☐ Two Reference Letters - from non-family members
- ☐ Reference letters to include contact details and verification of volunteer hours
- ☐ Application Form attached – Attach this form to the front of supporting materials

Return completed application by June 18, 2025 to:

- ☐ Heritage Woods Career Centre, OR your local Village Hall (Anmore or Belcarra)

Sasamat Volunteer Firefighters Association



SVFA
2025 Award Details
Due: June 18, 2025



ATTENTION: Anmore & Belcarra Grade 12 Students
Amount of Award: \$750

Criteria:

- Must be a Grade 12 student and resident of Anmore or Belcarra.
- Available to graduating students entering a post-secondary education program in one of the following fields: Fire, Police, Public Safety, Medical, Healthcare, Dental, Military, Social Services.
- Students must provide Proof of Enrollment in a post-secondary program within one year.
- 750–1,000 word essay on the topic: “**Why Volunteering is Important in My Community?**”
- Include details of volunteer service in the essay.
- 2 Letters of Reference from non-family members, verifying volunteer work hours completed.
- Include contact details of References (e.g. email, phone number)

Essay Prompt: “**Why is Volunteering Important in My Community?**”

- By “community,” we mean where you live (e.g. Anmore or Belcarra), your school community, faith community, team/club community and/or other communities to which you belong.
- Describe “your community” in your essay.

Possible prompts to help elaborate your response:

- What was your role in the volunteer work? What specific volunteer service did you provide?
- What were your responsibilities? What did you accomplish? How many hours did you serve?
- Upon reflection, what did you learn from your experience? How has this experience influenced your future direction?
- What program are you planning to study? How will your community service assist you in this path?
- Feel free to add any additional information to complete your answer.

Applications are due June 18th, 2025, and can be submitted to either Heritage Woods Career Centre or to your local Village Hall (Anmore or Belcarra).

Questions? Contact SVFA at: <reply2svfa@gmail.com>

Curious about a career in the skilled trades?
Want to get started?



SD43 TRADES HIRING FAIR

Wednesday
June 4th, 2025

5 - 7 PM
bring your resume



AT CENTENNIAL
SECONDARY

570 POIRIER ST.
COQUITLAM

[43CAREERS.COM](http://43careers.com)

CAREERPROGRAMS@SD43.BC.CA

Ivey at Western University Summer Leadership Program

- **SLP is a four-day immersive experience for high school students, currently in Grades 9 to 11, passionate about business, leadership, and innovation.**
- **From August 5–8, 2025, students will stay on campus at Western University and take part in case-based learning, interactive workshops, and real-world problem-solving at Ivey Business School.**
- <https://www.ivey.uwo.ca/summerleadership/>
- June 16, 8:59PM PT application deadline

Application Requirements : We are seeking motivated, passionate, and dedicated students currently in grades 9-11, eager to embrace the challenges of a fast-evolving business world. Applicants will be evaluated based on:

- **Leadership & Extracurricular Involvement** – Active participation in extracurricular activities, showcasing your ability to lead and make an impact in your community or school.
- **Statement of Interest** – An opportunity to share why you're passionate about leadership, business, and innovation, and how you hope to apply what you learn at SLP.

Program Fee: There is a **\$350 participant fee** to attend the program, which covers the cost of your accommodation, meals, and program materials. Financial assistance may be available; please contact us for more details if needed.



COMMUNITY



Volunteer opportunity!!



Looking for a fun and meaningful way to earn volunteer hours, build your resume, and make a difference in your community? The [Spirit Triathlon](#) is happening on **Saturday, May 3rd, 2025** at [Hyde Creek Recreation Centre in Port Coquitlam](#) — and we'd love for you to join our volunteer team!

This exciting event brings together **480 kids from grades 2 to 8** to swim, bike, and run — either on **relay teams** or as **individuals**. It's a fun, inclusive day all about teamwork, community spirit, and cheering kids across the finish line! Check out [2024 Spirit Triathlon](#)

Volunteer Perks:

- ✓ A **reference letter** for anyone who asks
- ✓ A **crepe voucher** for anyone who completes 2 shifts
- ✓ A **swag bag for every volunteer**
- ✓ A **volunteer T-shirt for the first 50 people who sign in on race day**
- ✓ Earn **high school volunteer service hours**
- ✓ Be part of a welcoming, energetic event supporting local kids and families!

No experience needed — training is provided!

Whether you can give a few hours or the whole morning, your help makes a huge difference.







Interested?

<https://signup.com/client/invitation2/secure/80937532023/false#/invitation>

We'd love to have you on board!
volunteer@spirittriathlon.ca

XdHacks Mini Vancouver PRIVATHON event

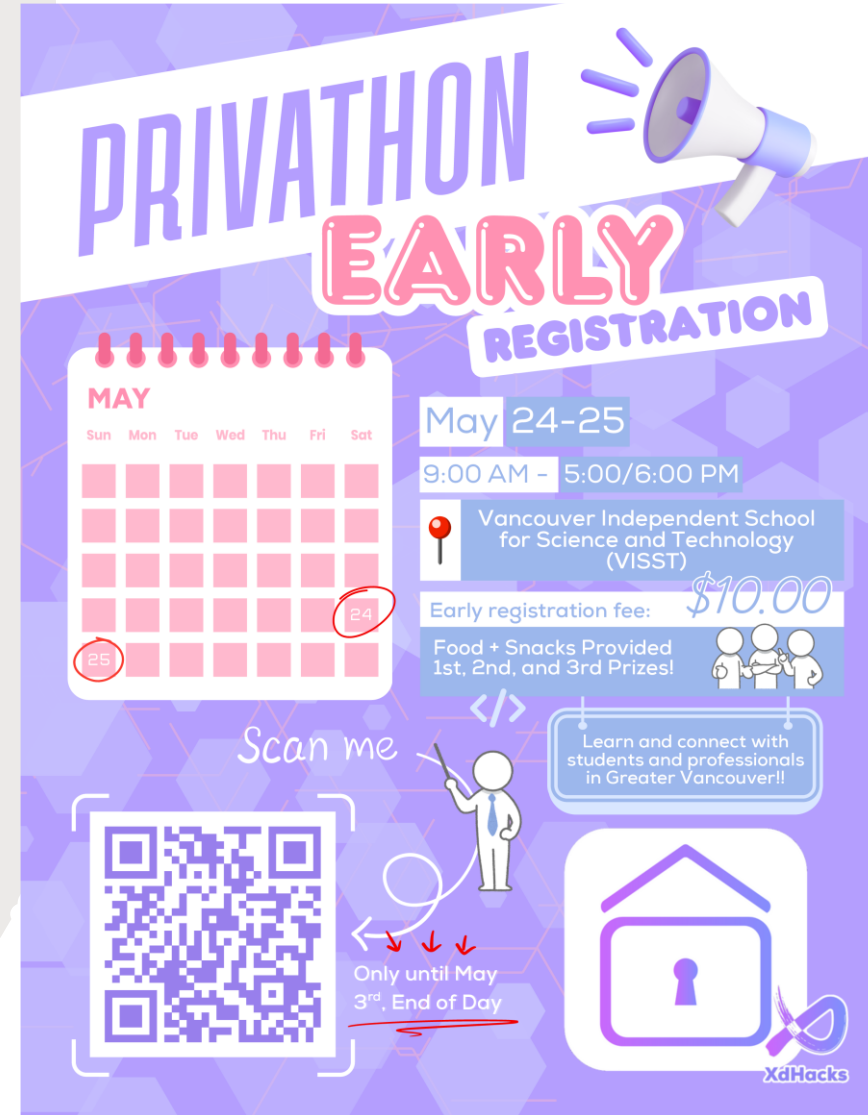
XdHacks Mini Vancouver, a youth-led organization dedicated to inspiring students to explore STEM through fun and engaging events. We're excited to announce the **EARLY REGISTRATION** for our upcoming **Privathon** is now open!

-  Date: May 24 & 25
-  Location: VISST
-  Time: 9 A.M. to 6 P.M.
-  Open to: 13-18 year olds
-  Cost: \$10 per participant (for early registration by May 03)
-  No coding experience necessary — beginners are welcome!

IMPORTANT: Early registration is open until May 3, afterward the fee will rise to \$15! Registration: <https://privathon-vancouver.devpost.com/> , and fill in this form: <https://form.gle/m5vqjfXhoRMiBbxD9>

The hackathon is an opportunity for students to work collaboratively, build creative tech projects, learn new skills, and win awesome prizes with workshops, mentorship sessions, and lots of fun activities throughout the day. A great way to explore interests and boost STEM skills.

Details: <https://xdhacks.org/vancouver/privathon>



PRIVATHON
EARLY
REGISTRATION

MAY
Sun Mon Tue Wed Thu Fri Sat
24 25

May 24-25
9:00 AM - 5:00/6:00 PM

Vancouver Independent School for Science and Technology (VISST)

Early registration fee: \$10.00

Food + Snacks Provided 1st, 2nd, and 3rd Prizes!

Learn and connect with students and professionals in Greater Vancouver!!

Scan me

Only until May 3rd, End of Day

XdHacks



VOLUNTEERS NEEDED

MAY 10th! A great way to get your volunteer hours for graduation, and help in the community at the same time!

Email Anmorecommunitymarket@gmail.com

PORT MOODY
2050

Youth Open House



We're updating
Port Moody's Official
Community Plan. If
you're a youth aged 11
to 18, come help shape
our community's future!

WHEN: Friday, May 2, 2025, 5:30–7:30pm (drop in)

WHERE: Port Moody Recreation Complex,
Multi-Purpose Room 2 (300 loco Road)



**FREE PIZZA & SNACKS
AND GREAT PRIZES (LIKE A
6-MONTH TEEN REC PASS)!**

Learn more at portmoody.ca/ocp

PORT MOODY
CITY OF THE ARTS